



# ST. GERTRUDE'S PARISH

690 King Street East, Oshawa, ON L1H 1G5

Tel: 905-433-0828

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Website: [stgertrudesos.archtoronto.org](http://stgertrudesos.archtoronto.org)

*St. Gertrude's Parish is a believing community committed to manifesting Christ's love through celebrating the sacraments, sharing Gospel values, serving one another and all who hunger for Jesus.*

## PARISH OFFICE

PASTOR: Rev. Fr. Michael Hughes  
DEACON: Rev. Mr. Andrew Rychlicki  
ADMINISTRATION: Teresa Walsh  
LAY PASTORAL ASSOCIATE: Geoffrey Lyn

## MASS SCHEDULE

### SUNDAY MASS

Saturday 5:00 pm  
Sunday 9:00 am, 11:00 am, 6:15 pm

### WEEKDAY MASS

Mon., Wed., Thurs., Sat. 8:30 am  
Friday 12:10 pm Except during Lent  
& Advent  
Friday 7:30 pm During Lent & Advent  
Holidays 9:00 am

## SACRAMENT OF RECONCILIATION

Saturday 4:00 pm – 4:45 pm  
Sunday 5:30 pm – 6:00 pm

## SACRAMENT OF BAPTISM

Please call the parish office to arrange.

## SACRAMENT OF MARRIAGE

12 months advanced notice required.  
Preparation course is a prerequisite.  
Visit: [catholicmarriageprep.com](http://catholicmarriageprep.com)

## OFFICE HOURS

Monday, Wednesday, Friday  
8:30 am – 3:00 pm  
closed from 12:00 pm – 1:00 pm for lunch  
Thursday 8:30 am – 12:00 pm

## PARISH ELEMENTARY SCHOOLS

Sir Albert Love School 905-728-3971  
St. Kateri Tekakwitha School 905-571-1969  
Durham Catholic District School Board  
[www.dcdsb.ca](http://www.dcdsb.ca) 905-576-6150

## PASTORAL REFERENCE

Teacher applicants requiring a Pastoral reference must be registered for at least 12 months, attend Mass each Sunday and support the Church and its mission. Volunteering is recommended.

*Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.*  
- Matthew 28:19-20

## FIRST SUNDAY OF LENT

### Monday, March 10<sup>th</sup>

8:30am + Maria Zak

### Wednesday, March 12<sup>th</sup>

8:30am + Marilyn Cerveny

### Thursday, March 13<sup>th</sup>

8:30am + David, Gloria, St. Clair & Myrna Ellsworth

### Friday, March 14<sup>th</sup>

7:30pm + Pat Hughes

### Saturday, March 15<sup>th</sup>

8:30am + Tim McCutcheon, Ints. Of Niamh Hanratty  
+ Granville George Chambers

5:00pm Special intentions (anon)

### Sunday, March 16<sup>th</sup>

9:00am For Our Parish Community

11:00am + Anna Corrigan, + Maria Zak  
+ Gloria & Bento Araujo  
Ints of John Kearney

6:15pm Special intentions (anon)

### St. Gertrude's Knights of Columbus

The Icon of the Sacred Heart is placed in front of the Altar for all Masses this weekend.

### Prayer to the Sacred Heart

O Sacred Heart of Jesus,  
Living and quickening source of eternal life,  
infinite treasure of the Divinity,  
and burning furnace of divine love,  
You are my refuge and my sanctuary.  
O my amiable Savior,  
consume my heart with that burning fire  
with which Your Heart is ever inflamed;  
pour down on my soul those graces  
which flow from Your love;  
and let my heart be so united with Yours  
that our wills may be one,  
and that mine may be  
entirely conformed to Yours.  
May Your divine will be equally the standard  
and rule of all my desires and of all my actions.  
Amen.

### OUR MULTIPLE MASS INTENTIONS MASSES

Thurs. 8:30am, Saturday 8:30am & Sunday 11:00am  
Beginning **June 1<sup>st</sup>, 2025** we will add this to the  
**Sunday 6:15pm mass** making it also a multi-  
intention mass.

### **Stations of the Cross and Friday Mass Time**

*Stations of the Cross* will be celebrated each  
Friday evening at 7:00pm during Lent  
beginning March 7<sup>th</sup> and followed by  
Mass at 7:30pm

**Please note during Lent there is  
no 12:10pm Mass.**

### **BISHOP BARRON'S WORD ON FIRE 30 DAY PRAYER CHALLENGE DURING LENT**

This Lent challenge yourself to develop a better  
prayer life with WORD ON FIRE'S 30 DAY  
PRAYER CHALLENGE. When you join you will  
receive a book with morning, evening and night  
prayers for every day of the month to follow and  
watch your prayer life develop.

Visit: [prayer.wordonfire.org](http://prayer.wordonfire.org) to sign up.

### SACRED HEART ACADEMY

Support for independent Catholic education is not a  
judgment against other educational paths. Rather, it is  
an educational option among many, and enriches the  
possibilities and selection for Catholic families in the  
Durham region as they seek out the best fit for their  
children, and for their growth and flourishing. As a  
father of 7 children myself, I know that different kids  
need different environments. Some might do well in a  
government-funded school. Others might do better in  
homeschooling. And still others will thrive and  
blossom in an environment like Sacred Heart  
Academy, with its small class sizes, low student-  
teacher ratios, focus on academic achievement and  
character and virtue development, in becoming a  
saint first, and being well grounded in who they were  
created by God to be!

Thank you again for all your support - prayerfully &  
financially! We accept cash, cheque, e-transfer  
to [SacredHeartA@gmail.com](mailto:SacredHeartA@gmail.com) and debit/credit  
through our Zeffy account - link below:

[https://www.zeffy.com/en-CA/donation-  
form/95d24956-f48e-41ea-8ee6-9b2ae00aff9d](https://www.zeffy.com/en-CA/donation-form/95d24956-f48e-41ea-8ee6-9b2ae00aff9d)

PARISH WEBSITE <http://stgertrudesos@archtoronto.org>

MARCH 9, 2025

**Martyrs' Shine Spring Gala!**  
**Wednesday, June 11th at the Bellvue Manor**  
**in Vaughan from 5:30-9:30pm.**

His Eminence, Cardinal Francis Leo, will be guest of honor. Tickets are now on sale and can be accessed via our website: <https://martyrs-shrine.com/spring-gala/>

**Dominican Friars Youth Interfaith Video Contest**  
Feb. 5, 2025, to April 15, 2025

**Theme: Faith as a Pathway from Division to Unity**

High school students in the Catholic School Boards within the Archdiocese of Toronto are invited to participate in this. Students are encouraged to create a three-minute video that captures this year's theme. Please adhere to the guidelines provided on our website and submit your entries via the submission form at <https://bit.ly/DFVCSUBMISSION>.

For further information, please contact us at [interreligious@archtoronto.org](mailto:interreligious@archtoronto.org) or call 416-934-3400 ext. 527

**LIFT JESUS HIGHER RALLY 2025**

**March 29<sup>th</sup> 9am-5:30pm**

**Metro Toronto Convention Centre**

**Ages 13-18** – tickets \$25.00 (John Basset Theatre)  
Motivating Talks, Testimonies, Adoration, Worship

**Adults** \$49.00 (North Building)

For tickets and information, visit [www.LJHR.ca](http://www.LJHR.ca)

**NEXT LADIES POT LUCK LUNCH**

Saturday, April 5<sup>th</sup> at 1:00pm

We had a great turnout last month and hope to see many new faces. All are welcome!!

**First Sunday of Lent**

Jesus was led by the Holy Spirit into the desert for forty days of prayer and fasting. Are you open to being led by the Holy Spirit into the life-commitment God has prepared for you? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. Email [vocations@archtoronto.org](mailto:vocations@archtoronto.org) [www.vocationstoronto.ca](http://www.vocationstoronto.ca)

*Nothing is hidden from God; even our most secret thoughts are ever present to God.*

– *St. Ignatius of Antioch*

**Requesting Prayers of Healing for His Holiness Pope Francis – Edited Version**

*Dear Brothers and Sisters,*

As you may be aware, Pope Francis has been hospitalized at Gemelli Hospital in Rome where he has been since February 14<sup>th</sup>. His Holiness is suffering from pneumonia and some mild kidney failure.

I am reaching out to you, the priest and deacons, schools and Catholic organizations, parishioners and all the faithful in the Archdiocese of Toronto to join me in praying for the Holy Father. Let us pray for the Lord's gracious and healing hand to guide the Pope back to health.

For parishes and other faith communities, I ask you to consider praying the Rosary for Pope Francis, be it before Mass or even a decade of the Rosary following Mass for his recovery.

For parishioners and indeed all faithful men and women, I ask you also to intercede daily for His Holiness. Be it on your own in the quietness of your heart, or gathered with brothers and sisters in Christ, pray for Pope Francis in whatever way you can, as you are able to do so.

*Frank Cardinal Leo*

*Metropolitan Archbishop of Toronto*

**Catholic Charities Scholarships and Community Service Awards**

Catholic Charities is now accepting applications for their full array of Scholarships and nominations for our Community Service Awards. With five available scholarships, focusing on various areas of study and a diverse field of candidates, they are excited to support the future leaders of social services within our community. You can recognize the remarkable individuals that are actively contributing and impacting our communities with their acts of service by nominating them for one of the Michael Fullan Community Service Awards. Link to the online nomination from:

<https://forms.office.com/r/K5wzr51h4Z>. More details on all the scholarships and awards, including the eligibility criteria, can be found on their website:

[www.ccat.ca/scholarships](http://www.ccat.ca/scholarships). Follow them on Facebook, Instagram, LinkedIn and X for testimonials from some of the past recipients. Submission deadline for all scholarships and awards is April 30, 2025.

CONTACT: [kquan@ccat.ca](mailto:kquan@ccat.ca) or 416-934-3401 ext. 419

**Please remember your God, your Faith, and your Parish in your will.**

# Catechetical Resource on Plenary Indulgences during the Jubilee Year



## 1. What is an indulgence?

"An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints." (CCC, 1471-79) "An indulgence is partial or plenary according as it removes either part or all of the temporal punishment due to sin." (CCC, 1471-79) Indulgences may be applied to the living or the dead.[1]

In our humanity, weak and attracted by evil, certain residual effects of sin remain. These are removed by the indulgence, always by the grace of Christ, who, as Saint Paul VI wrote, "is himself our 'indulgence'".[2]

## 2. What is the Jubilee Indulgence?

The Jubilee Indulgence, thanks to the power of prayer, is intended in a particular way for those who have gone before us, so that they may obtain full mercy. It is a way of discovering the unlimited nature of God's mercy.[3]

All other Indulgences previously granted remain in force.

## 3. How is the Jubilee Indulgence obtained?

All the faithful, who are truly repentant and free from any affection for sin (cf. *Enchiridion Indulgentiarum*, IV ed., norm. 20, §1), who are moved by a spirit of charity and who, during the Holy Year, purified through the sacrament of penance and refreshed by Holy Communion, pray for the intentions of the Supreme Pontiff, will be able to obtain from the treasury of the Church a plenary indulgence, with remission and forgiveness of all their sins, which can be applied in suffrage to the souls in Purgatory.

**4. What are the ways in which a plenary indulgence can be obtained?** a. Pilgrimages  
b. Pious Visits to Sacred Places c. Works of Mercy and Penance

## 5. What are the specifications for pilgrimages?

**At any sacred Jubilee site [such as St. Gregory the Great in Oshawa], devoutly participate in:**

Holy Mass; A ritual Mass for the conferral of the sacraments of Christian Initiation or the Anointing of the Sick; a celebration of the Word of God; the Liturgy of the Hours; the Way of the Cross; the Marian Rosary; the recitation of the Akathist hymn; a penitential celebration with individual confession

**In Rome: visiting at least one of the four Major Papal Basilicas**

Saint Peter; Saint John Lateran; Saint Mary Major; Saint Paul Outside the Walls

**In the Holy Land: visiting at least one of the three basilicas:**

The Basilica of the Holy Sepulchre in Jerusalem; The Basilica of the Nativity in Bethlehem; The Basilica of the Annunciation in Nazareth

**In other ecclesiastical areas: visiting the Cathedral or other church or sacred place designated by the local Ordinary**

## 6. What are the specifications for visits to sacred places?

At any Jubilee site, individually or in a group, for a suitable period of time, engage in:

Eucharistic Adoration, concluding with Our Father, Profession of Faith, invocations to Mary

As with the places of pilgrimage, visit the following places under the same conditions:

**In Rome:**

Basilica of the Holy Cross in Jerusalem; Basilica of Saint Lawrence at the Verano; Basilica of Saint Sebastian; The traditional visit to "the seven Churches of Rome"; The Sanctuary of Divine Love; The Church of the Holy Spirit in Sassia; The Church of Saint Paul at the Tre Fontane; The Roman catacombs; The Churches of the Jubilee Pathways dedicated to the Iter Europaeum and to the Female Patrons of Europe and Doctors of the Church (the Basilica of Santa Maria sopra Minerva, and the churches of Saint Brigida at Campo de' Fiori, Santa



Maria della Vittoria, Trinità dei Monti, the Basilica of Saint Cecilia in Trastevere, the Basilica of Sant'Augustine in Campo Marzio

### **In other places in the world:**

Basilica of Saint Francis (Assisi)

Basilica of Our Lady of the Angels (Assisi) Pontifical Basilicas of: Our Lady of Loreto; Our Lady of Pompeii; St. Anthony in Padua; any minor basilica, cathedral church, co-cathedral church, Marian sanctuary, Distinguished collegiate church or sanctuary designated by the diocesan bishop or Eparchy, National or international sanctuaries indicated by Episcopal Conferences

## **What about cloistered nuns and monks, the elderly, the sick, prisoners, workers in hospitals and care facilities who provide continuous care for the sick?**

The faithful who are truly repentant of sin but who cannot participate in the various solemn celebrations, pilgrimages and pious visits for serious reasons can obtain the Jubilee Indulgence, under the same conditions, if they are united in spirit with the faithful taking part in person, especially when the words of the Pontiff or the Bishop are transmitted through means of communication.

To obtain the Jubilee plenary indulgence in this way the above mentioned faithful are to:

o Offer up the sufferings or hardships of their lives and recite: Our Father; Profession of Faith; Prayers in conformity with the objectives of the Holy Year

## **7. What are the specifications to obtain the Jubilee Indulgence by practising works of mercy?**

Participate in a church or other suitable place, according to the mind of the Holy Father, with a devout spirit: Popular missions Spiritual exercises; Formation activities on documents of Vatican II and the Catechism of the Catholic Church;

According to the usual spiritual, sacramental and prayer conditions: Feed the hungry; Give drink to the thirsty; Clothe the naked; Welcome the stranger; Heal the sick;

Visit the imprisoned; Bury the dead; Counsel the doubtful; Instruct the ignorant; Admonish sinners; Comfort the afflicted; Forgive offences; Bear patiently those who do us ill; Pray for the living and the dead.

## **8. What are the specifications for penance?**

Rediscover penitential nature of Friday; Abstain from Futile distractions, Superfluous consumption; Donating a proportionate sum of money to the poor; Supporting works of a religious or social nature (defense and protection of life); Support quality of life of abandoned children, young people in difficulty, needy, lonely elderly, migrants; Dedicating free time to voluntary activities in community service

## **9. Can a second plenary indulgence be obtained in a single day?**

An individual can obtain a second plenary indulgence in a day, which is applicable to the deceased, when he or she:

Carries out an act of charity on behalf of the souls in Purgatory

Receives Holy Communion a second time

**For more detailed information see Decree on the Granting of Indulgence during the Ordinary Jubilee Year 2025 called by His Holiness Pope Francis. <https://bit.ly/indulgence25> OR,**

**<https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2024/05/13/240513f.html>**

[1] *Catechism of the Catholic Church*, 1471

[2] *Apostolic Letter Apostolorum Limina*, 23 May 1974, II. *Spes Non Confundit*, 23.

[3] *Spes Non Confundit*, 22-23.

[4] Sacred places of welcome and privileged spaces for the rebirth of hope (*Spes Non Confundit*, 24)



Archdiocese of Toronto - Jubilee Year 2025 - Pilgrims of Hope RESOURCES, <https://bit.ly/jubileeto25> and QR Code.

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